

“HaVidui Ha-Mashlim” ~ Ahavnu, We Have Loved

Complimentary Confession by Rabbi Binyamin Holtzman, adapted and combined with Positive Vidui by Rabbi Avi Weiss

Ahavnu - We have loved,
Bachinu- we have cried,
Gamalnu- we have given back,
Dibarnu yofi- we have spoken great things!

He’emanu - We have believed,
v’Hish’tadalnu- and we tried to give our best effort,
Zacharnu- we have remembered,
Chibaknu- we have embraced,
Tipachnu emet- we have cultivated truth.

Yatzarnu- We have created,
Kibadnu - we have respected,
Lachamnu avur ha-tzedek- we have fought for justice!
Mitzinu et ha-tov- we have exhausted all the good we could do.

Nisinu - We have tried,
Sarnu lirot- we have turned aside to see,
Asinu mitzvot- we have performed mitzvot.
Pa’alnu- we have been spiritual activists,
Tzadaknu, lifamim- we have been righteous, sometimes,

Kivinu - We have hoped,
Rachmanu- we have been merciful,
Samachnu- we have rejoiced,
Tamachnu- we have supported one another.

*... Therefore, just as there is great value
to the confession of sins...
there is also great value to the confession of mitzvot (our positive deeds),
which gladdens the heart
and strengthens the holy paths of life!
—Rav Avraham Itzhak Kook*