

# Prayers for the ceremony

## Checklist

- Blessing for the Tallit (Track 16)
- Blessing Preceding Torah Study (Page 168)
- Barchu (Track 8)
- Shema/Ve'ahavtah (Track 9)
- Shema/Torah Service (Page 393) (Track 15)
- **1<sup>st</sup> Aliyah**
- **2<sup>nd</sup> Aliyah**
- **3<sup>rd</sup> Aliyah**
- **\*Additional aliyot available up to 7**
- Blessing Before Torah Reading (Track 17)
- **Maftir**
- Blessing After Torah Reading (Track 18)
- Blessings Before Haftarah (Track 19)
- **Haftarah**
- Blessings After Haftarah (Track 20)
- V'sham'ru
- Kiddush (Track 14)
- Hamotzi

Once these are mastered, you may choose to learn additional prayers and lead parts of the service.

Soundcloud link:

<https://soundcloud.com/user-469266719/sets/prayers>

## Track 16

# Ceremony for putting On the Tallit

According to the Bible, God commanded the Jews to wear fringes on the corners of their clothing as a reminder of the Lord's Commandments. In modern times the fringe is attached to a special four-cornered garment for prayer.

Wrap yourself in the tallit, in the dreams of Israel, our people. Clothe yourself with the mantle of prayer and listen to the heartbeat of centuries. On your shoulder is Sinai and Yavneh, Jerico and Jerusalem. Carry the psalms of David, the songs of Solomon, and the dance of Miriam. Hear the prophets calling out the words which reshape reality. All this, and the future, too, is in your tallit.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהִתְעַטֵּף  
בְּצִיצֵת.

Blessed is the Lord, our God. Ruler of the Universe, who hallows us with Mitzvot, and teaches us to wrap ourselves in the fringed Tallit.

# Blessings Preceding Torah Study

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ  
בְּמִצְוֹתָיו, וְצִוָּנוּ לְעִסוֹק בְּדַבְּרֵי תוֹרָה.

Blessed are you, THE ONE OF SINAI, our God, the sovereign of all worlds, who made us holy with your mitzvoth, and commanded us to occupy ourselves with words of Torah.

## Track 8

### **Barchu**

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

Bless THE INFINITE, the blessed One!

Blessed is THE INFINITE, the blessed One, now and forever!

## Track 9

# Shema & Ve'ahavta

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:

בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוֹתוֹ לְעוֹלָם וָעֶד:

וְאַהֲבַתְּ אֶת יְהוָה אֱלֹהֶיךָ בְּכָל-לֵבְבְךָ, וּבְכָל-נַפְשֶׁךָ, וּבְכָל-מְאֹדֶךָ:  
וְהָיוּ חַדְבְּרֵימ הָאֵלֹהִים אֲשֶׁר אָנֹכִי מְצַוְךָ הַיּוֹם עַל-לֵבְבְךָ: וְשִׁנַּנְתֶּם  
לְבַבְיֶךָ וְדַבַּרְתָּ בָּם בְּשִׁבְתֶּךָ, בְּבֵיתֶךָ, וּבְלֶכְתֶּךָ, בְּדֶרֶךְ, וּבְשֹׁכְבֶךָ,  
וּבְקוּמֶךָ: וְקִשְׂרַתְּם לְאוֹת עַל-יָדֶךָ, וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ:  
וְכָתַבְתֶּם עַל-מְזוֹזוֹת בֵּיתֶךָ, וּבְשַׁעְרֶיךָ:

Listen, Israel: The Eternal is our God, THE ETERNAL ONE alone!

Blessed be the name and glory of God's realm forever!

And you must love THE ONE, your God, with your whole heart, with every breath, with all you have. Take these words that that I command you now to heart. Teach them intently to your children. Speak them when you sit inside your house or walk upon the road, when you lie down and when you rise. And bind them as a sign upon your hand, and keep them visible before your eyes. Inscribe them on the doorposts of your house and on your gates.

## Track 15

# Shema from the Torah Service

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

HEAR, O ISRAEL, THE ETERNAL ONE IS OUR GOD, THE ETERNAL ONE

אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנָנוּ, קְדוֹשׁ שְׁמוֹ.

Our God is One; great and holy is the Eternal One.

גִּדְּלוּ לַיְיָ אִתִּי, וְנִרְוַמְמָה שְׁמוֹ יַחְדָּו.

O magnify the Eternal One with me, and together let us exalt God's name.

## Track 17

### **Blessing Before Torah Reading**

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ:

Source of all blessings, I bless you.

בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד:

Source of all blessings, at every moment  
You are showering me with blessings.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בְּנוֹ  
מִכָּל הָעַמִּים וְנָתַן לָנוּ אֶת תּוֹרָתוֹ:

בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה:

I bless You, Source of the universe, who has chosen us from among all people and  
has given us the Torah. I bless You, who gives me the Torah.

## Track 18

### **Blessing After the Torah Reading**

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ  
תּוֹרַת אֱמֶת, וְתִי עוֹלָם נִטַּע בְּתוֹכָנוּ: בְּרוּךְ אַתָּה יְיָ,  
נוֹתֵן הַתּוֹרָה:

I bless You, Source of the universe, who has given us a Torah of truth and has implanted within us eternal life. I bless you, who gives me the Torah.

*Our God and God of our ancestors. We thank You for Your Torah, our priceless heritage. May the portion we have read today inspire us to do Your will and to seek further knowledge of Your word. Thus our minds will be enriched and our lives endowed with purpose. May we talk to heart Your laws by which we can truly live. Happy are all who love You and delight in fulfilling Your commandments. Amen.*

## Track 19

### **Blessings Before Reading the Haftarah**

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר  
בָּחַר בְּנְבִיאִים טוֹבִים, וְרָצָה בְּדְבָרֵיהֶם  
הַנְּאֻמְרִים בְּאֵמֶת, בְּרוּךְ אַתָּה יְיָ, הַבוֹחֵר  
בַּתּוֹרָה וּבַמְּשֵׁה עֲבָדוֹ, וּבִישְׂרָאֵל עַמּוֹ,  
וּבְנְבִיאֵי הָאֵמֶת וְצִדִּיק.

Praised are you, Lord our God, King of the universe who has appointed devoted prophets, messengers of truth whose teachings He has upheld. Praised are You, Lord who loves the Torah, Moses His servant, Israel His people and prophets of truth and righteousness.

## Track 20

### **Blessings After Reading the Haftarah**

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, צוּר כָּל הָעוֹלָמִים,  
צַדִּיק בְּכָל הַדּוֹרוֹת, הָאֵל הַנֶּאֱמָן הָאוֹמֵר וְעֹשֶׂה, הַמְדַבֵּר  
וּמְקַיֵּם, שֶׁכָּל דְּבָרָיו אֱמֶת וְצֶדֶק. עַל הַתּוֹרָה, וְעַל הָעֲבוֹדָה,  
וְעַל הַנְּבִיאִים, וְעַל יוֹם הַשַּׁבָּת הַזֶּה, שֶׁנִּתְּתָה לָנוּ, יְיָ אֱלֹהֵינוּ,  
לְקַדְּשָׁה וְלִמְנוּחָה, לְכָבוֹד וְלִתְפָּאָרֶת. עַל הַכֹּל, יְיָ אֱלֹהֵינוּ,  
אֲנַחְנוּ מוֹדִים לָךְ, וּמְבָרְכִים אוֹתְךָ, יִתְבָּרַךְ שְׁמֶךָ בְּפִי כָּל  
חַי תָּמִיד לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יְיָ, מְקַדֵּשׁ הַשַּׁבָּת.

Praised are You, Lord our God, King of the Universe, Rock of all ages, righteous in all generations, steadfast God whose word is deed, whose decree is fulfillment, whose every teaching is truth and righteousness. We thank You and Praise You, Lord our God, for the Torah, for worship, for the prophets, and this Shabbat day which You have given us for holiness and rest, for dignity and splendor. For everything do we thank You and praise You. May Your name be praised continually by every living creature. Praised are You, Lord who sanctifies Shabbat.

## V'shamru

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת, לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרוֹתָם  
בְּרִית עוֹלָם. בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אֹת הִיא לְעֹלָם, כִּי שֵׁשֶׁת  
יָמִים עָשָׂה יי אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ, וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת  
וַיִּנְפְּשׁ.

Let Israel's descendants keep Shabbat, enacting the Shabbat throughout their generations as an everlasting covenant. Between me and everyone of Israel shall it be a sign eternally, for in six days did THE CREATOR make the heavens and the earth, and on the seventh day God ceased, and drew a breath of rest.

# Track 14

## Kiddush

וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם. וַיְכַל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי  
מְלַאכְתּוֹ אֲשֶׁר עָשָׂה, וַיְשַׁבֵּת בַּיּוֹם הַשְּׁבִיעִי, מִכָּל מְלַאכְתּוֹ  
אֲשֶׁר עָשָׂה. וַיְבָרֵךְ אֱלֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדְּשׁ אֹתוֹ, כִּי בּוֹ  
שָׁבַת מְכֹל מְלַאכְתּוֹ, אֲשֶׁר בָּרָא אֱלֹהִים לַעֲשׂוֹת.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתַי  
וַרְצָה בָּנוּ, וְשַׁבֵּת קִדְּשׁוֹ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ זְכוּר  
לְמַעֲשֵׂה בְּרֵאשִׁית, כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ, זָכוֹר  
לְיִצְיַאת מִצְרַיִם, כִּי בָּנוּ בְּחֵרֶת וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל  
הָעַמִּים, וְשַׁבֵּת קִדְּשָׁךְ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ. בָּרוּךְ  
אַתָּה יי, מְקַדְּשׁ הַשַּׁבָּת.

Now the whole universe- sky, earth, and all their array - was completed. With the seventh day God ended the work of creation, resting on the seventh day, with all the work completed. Then God blessed the seventh day and sanctified it, this day having completed the work of creation.

Praised are You, Lord our God, King of the universe who creates fruit of the vine.

Praised are you, Lord our God, King of the universe whose mitzvot add holiness to our lives, cherishing us through the gift of His holy Shabbat granted lovingly, gladly, a reminder of creation. It is the first among our days of sacred assembly which recall the Exodus from Egypt. Thus You have chosen us, endowing us with holiness, from among all peoples by granting us Your holy Shabbat lovingly and gladly. Praised are You, Lord who hallows Shabbat.

# Hamotzi

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Our praise to You, Eternal our God, Sovereign of the Universe, Who brings forth bread from the earth.